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Dacorum Communities for Learning

Basic Cooking Skills or Cooking for Men

This course is aimed at people with little or no cooking skills.

We can run the course at one of our venues for individuals or groups or we can come to your venue and run the course if you have a group of learners and facilities on site. The course can be run as all male, all female or mixed groups depending on your requirements.

Cookery courses can be tailored to suit the needs of specific groups or styles of cookery.

On the course you will learn

- Basic cooking skills in food preparation & food hygiene.
- We will discuss basic essential equipment and where to buy it cheaply.
- We aim to cook two or three dishes in a session and will ensure they are both sweet and savoury.
- We will cover dishes such as chicken pie, fruit crumble and vegetable soup.

The courses are fun and informal and everyone produces their own dishes, some of which are cooked on site and some go home to be cooked.

This course can also be run as a basic cooking skills course for a mixed group of learners.

You should let us know of any additional support or dietary requirements you may have, when booking this course.

Tel: 01442 251930 to book